

Gastronomic tour in Armenia

7 days / 6 nights

Day 1 / Arrival

Arrival in Yerevan. Check-in at the hotel. Rest.

Day 2 / Yerevan - Sightseeing Tour

Sightseeing tour of Yerevan with visits to the Cascade, Opera House, Northern Avenue, and Republic Square. Visit to the Megerian Carpet factory, where you can observe the production of carpets, including dyeing the threads with plant-based dyes, weaving, trimming, finishing, etc. Dinner at the factory restaurant with a master class on cooking a dish called "Ararat". Overnight at a hotel in Yerevan.

Day 3 / Khor Virap - Areni - Noravank - Yerevan

Breakfast at the hotel. Trip to the foot of Mount Ararat to the Khor Virap Monastery (Deep Pit). Lunch in a rural house, where you can try hashlama made from young lamb. Return to Yerevan. Afterward, visit one of the magnificent monasteries of Armenia - Noravank. Tour of the monastery complex. For dinner, try the dish Tzhvzhik - a dish made from beef liver, lungs, and heart. Overnight at a hotel in Yerevan.

Day 4 / Yerevan - Dilijan - Sevan - Yerevan

Breakfast at the hotel. Then, a visit to the amazing forested area of Dilijan and the center of Armenian traditional arts and crafts. Sightseeing of the Agartsin Monastery complex (11th-13th centuries). On the way back, a trip to the pearl of Armenia - the high-mountain Lake Sevan. Visit to the summer residence of the Armenian king Ashot Yerkat - the Sevanavank Monastery. Lunch at a fish restaurant, where we will try Armenian ishhan (trout) and Sevan crayfish. Visit to the Mikayelyan Family Farm, where you will have a tour of the cheese factory, a master class, tasting of 8 types of cheese aged in wine and brandy, 2 glasses of wine, nuts, meat plate, and fruits. Return to Yerevan. We will visit one of the city's restaurants, where dinner awaits us - Arisa (porridge of boiled wheat and poultry meat). Overnight at a hotel in Yerevan.

Day 5 / Yerevan - Garni - Geghard - Yerevan

Breakfast at the hotel. Then a trip to the Geghard Monastery (literally "spear"), also known by its old name Ayrvank. Excursion to the monastery. Visit to the pagan temple of Garni (Temple of the Sun God

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Mithra). Lunch at a local restaurant, where you will observe and participate in the baking of Armenian national bread "lavash", national pie "gata", and prepare shashlik and vegetables in "tonir" (a Caucasian clay oven in the form of an inverted truncated cone, going into the ground at the base). Return to Yerevan. Next, try the most authentic Armenian brandy at the Yerevan Brandy Factory "Ararat". Armenian brandy literally conquered Winston Churchill in 1943. This famous connoisseur and lover of alcohol recommended smoking Havana cigars, never being late for lunch, and drinking Armenian brandy. For dinner, try the pride of Armenian cuisine - kyufta (boiled beef cutlets). Overnight at a hotel in Yerevan.

Day 6 / Yerevan - Etchmiadzin - Zvartnots - Yerevan

Breakfast at the hotel. Visit the Cathedral of St. Echmiadzin (the main church of the Armenian Apostolic Church, the throne of the Supreme Patriarch Catholicos of All Armenians), the Church of St. Ripsime and Gayane. For lunch at the "Machanents" restaurant, try the famous Armenian tolma with grape leaves and receive lessons on how to prepare it. On the way to Yerevan, visit the Zvartnots Temple (7th century, UNESCO). For dinner, try soup made from dried sorrel and Garni Yarakh (eggplant with meat). Overnight at a hotel in Yerevan.

Day 7 / Transfer

Transfer to Zvartnots International Airport. Departure.

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